

The Orangutan Tropical Peatland Project

"Working to Protect the Sabangau Peat-swamp Forest since 1999"

www.outrop.com : info@outrop.com : outrop@blogspot.com



APPLICATION PACK

Dear Prospective Volunteer,

Thank you for your interest in joining one of our 2012 expeditions. Please read the enclosed application pack carefully, it contains all the information you will need about joining the expedition. To apply for a place on an expedition, all you need to do is return the completed Application Form (4 pages) with a deposit of £550 (total payment for seven weeks £1675) and two passport-sized photos with your name written on the back of each one.

Once we have received your forms we will email you to confirm receipt of your application and ask you to complete an online medical health assessment with our medical advisors at Interhealth. Once your suitability has been confirmed by Interhealth and us, we will email you to confirm your place on one of our expeditions. The process should take a maximum of 10 working days.

Places on each of the expedition groups are limited and can get oversubscribed quickly. As we allocate expedition places on a first-come first-served basis, it is essential you send your completed application pack as soon as possible. Due to the time required to process visa applications we cannot guarantee places for any applications received after March 15th 2012.

Completed applications should be sent to:

Simon Husson
OuTrop
1 Home Farm Cottages
Mamhead, Devon
United Kingdom EX6 8HP

Once you have read the pack, if you have any further questions, please do not hesitate to contact us at info@outrop.com and we will be happy to help.

We look forward to hearing from you soon.

OuTrop Project Team

OUTROP 2012 EXPEDITION APPLICATION FORM

Please fill with a black pen and using block capitals.

1. Personal Information

Please affix 2
passport size
photographs here
with a paper clip.

Surname: _____

First names: _____

(as they appear in your passport)

Term-time address: _____

Permanent Address: _____

Telephone (term): _____ Telephone (perm): _____

Mobile telephone: _____

E-mail (term): _____

E-mail (perm): _____

Dietary requirements (including allergies): _____

2. Students at University

University enrolled at: _____

Course: _____ Year of Study (2011-12): _____

3. Next of Kin

Name: _____ Relationship to you: _____

Address: _____

Telephone (day): _____ Telephone (mobile): _____

Email: _____

4. Passport Details

Date of Birth: _____ Nationality (as on passport): _____

Passport Number: _____ Place of Issue: _____

Date of Issue: _____ Date of Expiry: _____

NB: If your passport has fewer than 4 free pages, or less than 6 months validity, or you need to get a new passport for any other reason, please let us know as soon as possible.

5. Expedition Dates

We will run two core seven-week groups during 2012:

- 1. Sunday 8th July – Saturday 25th August**
- 2. Sunday 30th September – Saturday 17th November.**

The seventh week involves the visit to Tanjung Puting National Park. If you don't wish to go on this trip or want to spend more or less time with the project please let us know in advance. We do require all volunteers to join the expedition in the first week for training purposes.

Dates you are available for: _____

Please state how long you wish to join the expedition for: _____ weeks

Tick this box if you wish to fly out with other expedition members
(we will pass your e-mail address to others in your team who specify this)

DECLARATION	INITIAL EACH BOX
I wish to confirm my place on this expedition by enclosing a deposit of £550	
I agree to pay the balance by the dates stated in this application pack	
I have read and accept the Terms and Conditions dated 08/12/2011 relating to this expedition	
<i>Your signature :</i> _____ <i>Today's date :</i> _____	

MEDICAL FORM (CONFIDENTIAL)					
Full name					
Date of birth		Occupation		Nationality	
Please tick to provide permission for us to contact your GP if required					
GP contact details	Name:		Address:		
	Telephone				
Any medication currently taken by you and reason for use					
Further medical questions (Please tick YES or NO boxes for each): Have you ever HAD or are you at PRESENT suffering from any of the following?					
	YES	NO		YES	NO
Tuberculosis, pneumonia, pleurisy, recurrent bronchitis, asthma or other chest disorder?			Gastric, duodenal or peptic ulcers, recurrent indigestion, gall stones, jaundice, hernia (rupture), dysentery?		
Nose/throat/sinus problems or speech defect?			Kidney and urinary disorders?		
Ear trouble, earache, discharge or deafness?			Piles (haemorrhoids)?		
Diabetes or thyroid gland disorder?			Prostate problems?		
Rheumatic fever, heart disorders/angina, raised blood pressure or stroke?			Epilepsy, fits or fainting attacks, migraines, vertigo, paralysis or other neurological disorder?		
Gynaecological problems?			Anxiety or emotional difficulties, depression or other psychiatric problems, anorexia, bulimia?		
Varicose veins?			Allergies, skin trouble or dermatitis?		
Anaemia or other blood disorder?			Serious travel sickness?		
Arthritis, rheumatism, gout, disability or injury of any kind to arms or legs including ankle, back or disc trouble?			Malaria, hepatitis, schistosomiasis? (bilharzia), worm infestation, any other tropical disease?		
Any eye disorder or colour blindness?			Any other relevant health disorders or hospital treatment in the last 5 years?		
If you have answered YES to any questions or there is any other relevant medical information which is relevant to your suitability of joining the expedition, please provide further details					
STATEMENT:					
I declare that all the information on this form is correct and complete. I am in good, sound mental and physical health and have not omitted any information which might be relevant to my fitness to participate in the OUTROP Expedition. I undertake to notify the OUTROP Project Leaders of any significant changes or results received prior to commencing my expedition.					
Your signature: _____			Date: _____		

Please tell us about yourself...

To be included with application

Why would you like to join this expedition?

What skills do you think you could contribute to the expedition?

Please give us the contact details of two references, who we may contact for further details - at least one should be academic.

9. Finally, how did you hear about us?

The web Friend University talk Poster Other: _____

PAYMENT

To confirm a place on the expedition a deposit of £550 should be sent with the application form. The balance of £1125 should be received by June 1st for Group 1 and July 31st for Group 2, giving a total contribution of £1675 for seven weeks.

Payment can be made by cheque, payable to **The Orangutan Tropical Peatland Project**, or can be by electronic transfer to account number 71452053, sort code 40-16-07

For those applying from outside the UK we will send details for how you can transfer money directly to our UK account.

Please note we are not able to accept credit or debit cards as a form of payment.

Cancellation conditions:

A full refund will be given if you are not accepted on the expedition for any reason. Should you decide to cancel your place on the expedition the following repayments shall apply:-

- If you cancel more than three months before expedition start date: a full refund of any monies paid, less £200 and less any payments made in respect of the individual's participation on the expedition, e.g. for visas.
- If you cancel less than three months before expedition start date: a full refund of any monies paid, less £550 and less any payments made in respect of the individual's participation on the expedition e.g. for visas.
- No refund can be given if cancellation is made after the start-date of volunteer's chosen expedition.
- Other conditions apply – see OuTrop Terms and Conditions for further details.

Payment includes:

- Essential accommodation in Palangkaraya for the duration of the expedition.
- Food and accommodation at the expedition bases for the duration of the expedition.
- Hot drinks and mineral water at the expedition bases.
- Use of expedition equipment and general facilities.
- Transport to/from research sites (excluding flights).
- Transfers to/from Palangkaraya airport.
- Project administration and Indonesian staff.
- Medical supplies at expedition base.
- Visa (see notes).
- Your contribution will also go towards improving base camp and research facilities and funding of conservation projects including anti-logging patrols, fire-fighting teams and community outreach projects carried out by our Indonesian partners.

Payment excludes:

- Flights (international and domestic).
- Travel and Medical Insurance.
- Meals and drinks whilst in Palangkaraya.
- In-transit accommodation.
- Personal spending money, luxuries such as soft drinks and socialising.
- Personal kit (inc. toiletries, personal medical kits etc.)

ESSENTIAL INFORMATION

VISA REQUIREMENTS

We will apply for research visas in advance of your travel. These will remain valid for the duration of your time on the expedition, plus up to two weeks travel in Indonesia either side of the expedition. If you wish to spend longer than this in Indonesia after the expedition ends, it is best to leave Indonesia and re-enter using a visa-on-arrival (valid for 30 days, cost \$30). This can be done by either flying to Singapore or Kuala Lumpur via Jakarta. Please ensure you have least four empty pages and at least six months validity on your passport (from the date you will arrive in Indonesia).

British Residents

We will apply for a visa on your behalf, which will enable you to participate in our expedition. We will apply for this to the Indonesian Ministry of Research and Technology during March / April for Group 1 and during May / June for Group 2. The cost of obtaining a visa for British residents is included in your payment. We will send further instructions nearer the time. We will require your passport to be sent to us approximately 2 months after the application is made in order to obtain your visa from the Indonesian Embassy in London and that process will take approximately 7 to 10 working days.

Non-British residents

Non-British residents will have to obtain a visa in your country of residence. We will provide full instructions and all letters of support from our Indonesian sponsor. We will reduce the expedition fee by the cost of the visa as you will have to pay this yourself.

INSURANCE

You must arrange comprehensive travel and medical insurance cover for the entire duration of the expedition and we require copies of your policy. You must ensure that your insurers are aware of the type of travel and work to be undertaken during the expedition. STA Travel and World Nomads provide some of the cheaper options that we are aware of.

TRAVEL

If you are flying direct from your home country or if travelling overland to Indonesia you must have a valid return ticket out of Indonesia to be allowed entry into the country.

International Flights from the UK to Indonesia cost between £500 and £850 depending on when you book, when you travel and which airline you travel with. Qatar Airways, Gulf Air, Lufthansa, Etihad, Malaysian Airlines and Emirates are some of the best mid-cost airlines handled by most travel agents. Flights to Indonesia sell out quickly and you may need to ring around to obtain the best deal. STA Travel and Trailfinders are some of the best agents for students. STA also has offices in both Bali and Jakarta. Air Asia is an internet-only, low-cost no-frills airline which offers some of the cheapest flights available. This route flies from London Stansted to Kuala Lumpur, from where you can get a connecting flight to Jakarta. If you want to travel on the same flights as other expedition members let us know and we can put you in touch with each other.

The expedition will start on the specified date in Jakarta, where we will meet and complete immigration requirements before traveling together to Palangkaraya. We will book internal flights together in Jakarta, these cost between £30 and £75 one-way (although prices can vary both up and down).

We expect you to arrive in Jakarta no earlier than two days prior to the start date of the expedition, so that the immigration process can be completed on time. We will send further details to you upon receipt of your application form.

CLIMATE

Indonesia is situated on the equator, and therefore has a tropical climate consisting of a wet and dry season. In Borneo, the wet season is usually October to April, and the dry season May to September. The dry season usually just seems a little hotter than and not quite as wet as the wet season; although we have experienced several extended dry seasons. Sudden downpours and tropical storms are to be expected.

The tropical climate means it is extremely humid during the day and warm at night all year round. Typical daytime shade temperatures are 32°C at base camp or in the city, 27°C in the jungle. In the late evenings the temperature can drop by up to 7°C in the forest so it can feel quite cool compared to the city.

ENVIRONMENT

The tropical peatland environment can be difficult to work in. Overall it is flat, but underfoot there are lots of dips and hummocks, with numerous obstructions to negotiate including fallen trees, the mosquitoes, thorny plants and humidity causing discomfort from time-to-time.

It is essential that as a Volunteer you are both **physically** and **mentally** fit and able to deal with such terrain. Tree stilt roots are a tripping hazard, so care must be taken when walking in the forest. Two species of understory plants, pandan and rattan, are widespread and both of these have very sharp cutting thorns.

Long sleeved shirts and long trousers **MUST** be worn in the field, despite the temperature. As with any tropical forest there are species of poisonous snakes, scorpions and spiders to be found, so care must be taken. If the Expedition guidelines are followed and common-sense is used there should be no problems.

Before you start assisting in earnest with the work being undertaken during your stay, you will have a complete induction during your first week at base camp. This includes a detailed guide to the forest research area and all the health, safety and hazard precautions necessary. You will be given a basic field first aid induction and training in the various research techniques used in the projects you will be participating in.

Our main operating languages at base camp are English and Indonesian. All of our inductions will be carried out in English, therefore you must have a good working knowledge of English for health and safety purposes and to ensure that you benefit fully from your participation in our project.

MEDICAL ADVISORS

MEDICAL ADVISORS

Our medical advisors are the charity Interhealth. We use them as they provide a unique service for the participants in our volunteer programme. Once you have been accepted as a volunteer, as part of their 'Travel Well Plan' they will provide us and you with a comprehensive and personalised travel health plan.

Before you go

You will need to complete a pre-departure screening online form which is carefully assessed by Interhealth specialists to confirm your suitability for joining the expedition. They will provide you with personalised medical advice about vaccinations and anti-malarial medication and detailed information for any pre-existing medical conditions you may have to ensure your safety and good health on the expedition.

While you are away

You have online, personalised access to the Interhealth's Travel Health Advice Centre (THAC), newsletter and, if needed, a 24/7 emergency phone line.

On your return

As an OuTrop volunteer, Interhealth offers, at a discounted rate, the facilities to carry out a 'Returners' medical health check up for anyone who has had any health concerns during or on return from their trip. For those who have remained healthy the option is to complete an online 'Clean Bill of Health'.

Why you need to complete an online medical form or Volunteer Health Screening Process?

This is carried out to ensure you're medically fit and able for the environment and for the field work we undertake in that environment. All the information given to Interhealth is confidential. OuTrop will receive information relevant to your participation in the expedition i.e. medical information which the expedition leaders need to know to help you manage any pre-existing conditions and ensure your safety in the field. Any information that is passed to OuTrop is also confidential.

What questions will be asked?

You will be asked about weight and height, past vaccinations, if you have any existing medical conditions such as asthma, previous injuries such as ankle soft tissue injuries and other relevant medical conditions.

How you benefit.

You will receive personalised specialist and up to date travel advice for the region you will be visiting, which includes vaccinations and anti-malarial medication. This advice also includes how pre-existing health conditions can best be managed whilst you are away. You will have access to online resources through THAC which gives you information to use before, during and after your trip.

We recommend you contact Interhealth, your GP or a Travel Clinic as soon as possible to discuss your vaccination and medical requirements.

HEALTH GUIDELINES

Vaccinations

We recommend Hepatitis A, Typhoid, Polio, Tetanus-diphtheria, Rabies, Hepatitis B, Japanese encephalitis.

Anti-Malarials

You should get appropriate prophylactic tablets. The medication is normally started before you leave and continued for a short time after you have returned. Please consult your GP or travel clinic, as there are several different options available to you. Once you have chosen one they will prescribe it for you.

Antibiotics

You should bring a broad spectrum antibiotic with you in case of potential problems e.g. infected bites, scratches etc.

Regular medication

Please ensure you bring sufficient quantities of any medication you routinely use e.g. inhalers for asthma or that you may need in an emergency, for example if you are prone to allergic reactions.

Dental check up

We recommend you have a dental check up before departure.

Hospitals

There is a large, adequate, hospital in the nearby city of Palangkaraya. If necessary Jakarta and nearby Singapore have western-standard hospitals. We also use a local English speaking GP and dentist in Palangkaraya, which are adequate for most health issues. Quite a few of your medical supplies can be obtained in Palangkaraya's chemists.

Sun and high temperatures

As we are near the equator, the sun is harsher than you are probably used to, so you must avoid prolonged exposure to the sun. Apply high protection factor (SPF) sun screen to exposed skin and wear a hat, and if necessary protect the neck with a scarf or bandana. Heat rash/prickly heat can also be a common problem.

Dehydration

Fluid intake - Make sure you drink plenty of clean fluids (at least 3 litres a day) and avoid excessive alcohol consumption, as this causes further dehydration. To prevent dehydration use rehydration solutions (e.g. Dioralyte) made from easy to use sachets containing a mixture of salts and glucose. These cannot be bought in Palangkaraya, so you will need to bring them with you. They are essential.

Malaria

Malaria is caused by a parasite transmitted between victims by mosquito bites. If you are bitten it can take from 5 days up to a year for the symptoms to develop. Anti-malarial drugs do not immediately kill the parasite: they suppress multiplication in the liver, which is why it is essential they are taken after leaving a malarial area. Symptoms include fever with chills, shivering or sweating, headache and feeling unwell, the most common error is to mistake malaria for flu. If you develop flu-like symptoms, even some time after returning from the tropics, you should consult your doctor or contact Interhealth for a medical check up.

Avoiding mosquito and other insect bites

The peat swamp forest has a large population of mosquitoes, although only a few are potentially malarial. This risk does increase in populated areas, so precautions need to be taken to avoid being bitten, especially in the evenings. Prophylactic anti-malarial tablets do not provide total protection against malaria; avoiding mosquito bites is a more important strategy. As well as

malaria, mosquitoes can transmit other diseases, including dengue fever and chikungunya fever. The best prevention is to avoid being bitten. If you react badly to mosquito bites, ensure you have a good supply of anti-histamine tablets and cream.

- Repellents – Chemical repellents are best. Most contain diethyltoluamide (commonly known as DEET). Warning: DEET is harmful to some hard plastics and paint, and should also not be applied near the eye or mouth. Apply repellent on exposed skin. Clothes can be impregnated. Anklets and armbands soaked in DEET are also effective. DEET makes mosquitoes fly away, it does not kill them. Keep a bottle of repellent with you at all times. There may be some benefits from taking brewer's yeast tablets (vitamin B12).
- Clothing – Wear long sleeved shirts and long trousers in the forest, and in the evening.
- Mosquito nets – **Everyone must have a mosquito net.** Many nets on general sale are far too small, particularly for anyone over six feet tall. Box shaped nets are recommended. Don't sleep with body parts resting against the net and ensure it is well tucked in. Buy a good quality net, impregnated with the insecticide permethrin as they are much more effective. You can buy impregnated nets or treat them yourself. Clothing can also be treated with permethrin.
- Mosquito coils can be used at night to keep mosquitoes away. These are widely available in Indonesia. Electronic buzzers don't work as power in evenings is limited and annoy others.

Rabies and animal born diseases

Do not approach any animal, domestic or wild. There have been several rabies outbreaks in Bali recently. The vaccination is a prophylactic not a preventative. It will only give you further time to seek treatment and you will need immediate treatment if you have been bitten by a rabid animal.

Feet

Do not walk barefoot when using outside areas. For showers wear a pair of flip flops. These can be bought in the local market. This will avoid cuts and splinters to your feet, fungal and parasitic infections such as hookworm.

Cuts and Grazes etc.

Apply an anti-bacterial treatment (e.g. one containing centrimide, such as Savlon) immediately and cover with a plaster or dressing. A good supply of plasters should be brought with you but these can be readily replaced in Indonesia. We recommend fabric plasters as they stick better in the heat.

Diarrhoea

How to avoid: Do not drink or eat food that has a high risk of contamination (see further on for details), and ensure hands and cutlery are clean before eating.

Most cases of traveller's diarrhoea are caused by micro-organisms and clear up within 48-72 hours without any treatment. Preventing dehydration is the very important. If the symptoms do persist, a course of antibiotics such as Flagyl or Ciprofloxin are effective and safe treatments for most forms of diarrhoeal illness. Anti-diarrhoeal agents may give some measure of relief. These include diphenoxylate with atropine (Lomotil) and loperamide hydrochloride (Imodium). We do not recommend using these unless a situation requires it, such as travelling on a long bus journey.

Alcohol

A high alcohol intake increases the incidence of both infectious diseases and diarrhoea, and more importantly dehydration and accidents. Limit consumption to one or two drinks a day on only three or four days each week. Please note that **no** alcohol is to be consumed at base camp.

Food and drink hazards: It is best to avoid the following:

1. Shellfish / sea food – even if well cooked.
2. Salad and fresh fruit prepared by others; unpeeled fruit e.g. grapes.
3. Food on which flies have settled.
4. Rare/raw meat or fish
5. Food left out in warm temperatures.
6. Cooked food that has been stored, then re-heated.
7. Tap water – even for brushing teeth. Always use bottled water. Ice and fruit juices from street vendors are generally made from boiled or mineral water, but you may wish to err on the safe side and avoid this.

A simply rule to follow is if in doubt do not drink or eat it – even in Jakarta or Bali

The following are usually safe:

1. Food freshly cooked and served hot
2. Fruit you can peel easily.
3. Freshly baked bread.
4. Food in sealed packaging or canned.
5. Boiled water, tea or coffee.
6. Bottled water (check seal on top is not broken)
7. Canned or bottled coca-cola etc. (however use a straw)

Bottled water is cheap and on sale everywhere. If bottled water is not available drink water boiled for 10 minutes.

Water for washing at base camp is obtained by a pump from deep underneath the peat. It is clean and drinkable but due to the acidity of this water, we now have mineral water available to everyone to drink. If you wish you can also buy canned drinks such as Coca-cola and Sprite at base camp

Vegetarians/Vegans – whilst we make every effort to accommodate these dietary preferences at base camp, this will be more difficult in town especially for Vegans, therefore we ask that you bear that in mind and may wish to bring further food supplements with you.

If you are concerned about your vitamin intake, bring a supply of multivitamin tablets.

PERSONAL EQUIPMENT

EQUIPMENT KIT LIST (please check with us if you are unsure of any items)

ESSENTIAL (you **MUST** bring these)

- Rucksack (No suitcases please)
- Mosquito net (box net is best).
- Head torch plus batteries. AA and AAA batteries are readily available in Palangkaraya. Large square head torch batteries cannot be bought in Palangkaraya. We recommend LED head torches, available from any camping shop.
- Personal medical kit.
- Sleeping bag and/or sheet sleeping bag (cotton). It can get cold at night, particularly when staying in the jungle and once you have acclimatised.
- Season 2 lightweight hiking boots/shoes or Wellington boots – the latter available in Palangkaraya
- Penknife.
- Day pack.
- Sun-hat.
- Whistle.
- Compass (Silva quality)
- Photocopies of all documents (including passport, air tickets)

RECOMMENDED

- Water bottle (most people use empty mineral water bottles bought in Palangkaraya)
- Sun glasses.
- Binoculars (if you have them)
- Camera
- Indonesian phrasebook – you will be working on a daily basis with Indonesian field assistants, with varying degrees of conversational English
- Note book, pen, and pencils.
- ATM card / credit card (with pin number)
- Two prong round plug converter (220v)
- Reading material for evenings
- Waterproof jacket/poncho/trousers
- USB pen (we can back up photos for you)
- MP3 player.

PROVIDED

- Mosquito coils
- Washing Powder
- Mattress & pillow

PERSONAL FIRST AID KIT

The Expedition has a well equipped medical supply. You should bring your own personalised first aid kit as well, in which essential items include:

- Painkillers (aspirin/paracetamol/ibuprofen). (*Available in Palangkaraya*)
- Antihistamine creams/tablets for treatment of insect bites.
- Fungicidal cream/antifungal dusting powder.
- Plasters (band-aids). (*Available in Palangkaraya*)
- Eye drops. (*Available in Palangkaraya*)
- Ear drops.
- Antiseptic wipes, cream or spray. (*Available in Palangkaraya*)
- Anti-malarial tablets.
- Anti-diarrhoeal tablets.
- Sachets of re-hydration powders, such as Diarolyte (essential for replacing lost minerals from excessive perspiration).
- Insect repellents.
- General broad spectrum antibiotic. (*Available in Palangkaraya*).
- Talcum powder recommended for sweat rash. (*Available in Palangkaraya*).
- Sun tan lotion (a higher SPF than your usual SPF we are 1° off the equator); after sun lotion and Lip protection cream.
- Support bandage - If you have had any previous ankle/knee injuries
- 'Epi Pen' for those with strong allergies to stings/bites/nuts etc. please consult with your GP
- Any personal medication that you normally bring e.g. Asthma inhaler. Please bring spares.
- For female expedition members tampax or similar and if prone to cystitis at least one course of preferred treatment

FURTHER INFORMATION

Money

There are currently NO money changing facilities for travellers cheques in Palangkaraya and limited cash-changing options. We recommend you bring your usual ATM card as there are numerous ATM machines (cashpoints) throughout Indonesia that will accept Maestro, Cirrus, Visa Debit and other international debit cards, and also credit cards (with pin). Be aware that banks usually charge around £1.50 per transaction and you must inform your bank that you will be using your card in Indonesia to prevent them putting a stop on it. If you are travelling to other parts of Indonesia and wish to bring money with you, American Express traveller's cheques are recommended which can be changed in large cities in Indonesia and many places in Bali. For cash, US dollars are best, they must be crisp, clean and issued after 1995, \$100 bills are rarely accepted and small bills attract a poor exchange rate.

Clothing

All field clothes should be in forest colours (greens/browns), as bright colours disturb wildlife. The best field clothes are long trousers (three pairs) and loose long sleeved shirts. Natural materials, such as cotton, which are cool and quick drying are suitable. Waterproofs should be in forest colours. We don't recommend you buy expensive field clothes as these typically become stained or frayed during the expedition. Army surplus shops are a good source of cheap clothing. **Indonesia is a predominately Muslim country, therefore women MUST cover shoulders, stomach and legs when in Palangkaraya. We take this very seriously and you will be told to change clothes if these requirements are not met.**

Footwear

We recommend lightweight (Season 2) hiking boots/shoes which will give you sufficient support and protection. Don't buy expensive or leather boots (too hot). If it is wet under foot peat water is very acidic and tends to destroy most boots after continuous use. Please ensure you have worn in your hiking boots BEFORE you come to camp and that they are comfortable. To extend the life of your boots, before you come prepare and protect your boots by using a protective spray or shielding wax such as NIKWAX. Many people prefer to wear Wellington boots and these can be bought cheaply in Palangkaraya, as long as your feet are not too big, Indonesian people are smaller than westerners.

Electrical Equipment

Indonesia has a 220 volt electrical system with twin-pronged plugs. At basecamp a generator provides electricity for all areas of camp for a few hours each evening, providing time to charge phones and digital cameras. We recommend that you do not bring any expensive electrical goods or computers to camp because the humidity and conditions are not suitable for them. We do recommend that you obtain some Silica Gel packets available from any good photography shop to keep with your cameras and other electrical goods to help protect against the humidity.

Glasses and Contact lens wearers

If you wear contact lenses normally there should be no reason why you shouldn't continue to do so during your stay, as long as you practice normal high levels of hygiene. However, we suggest you bring a pair of glasses in case your contacts trap any dirt during a field day or when you change them, so if needed you can give your eyes a rest. We recommend your glasses have plastic lenses and to bring a spare pair along as well.

COMMUNICATIONS

Postal Address	c/o Ir. Suwido Limin CIMTROP, Kampus UNPAR, Tunjung Nyaho Universitas Palangkaraya, Jl. Yos Sudarso, Palangkaraya 73111, Kalimantan Tengah, Indonesia
Telephone	(+62) 536 3222039 , (+62)-536-3236880, (+62)-536-3221002
Time difference	Indonesia is +7 hours on GMT

Communications with Palangkaraya are sometimes difficult. The first number above will probably be answered by someone who speaks English, whereas the last number should be used for emergency only. We will provide you with the Expedition Leader's telephone numbers in advance of the expedition and you should provide these for emergency calls.

You can purchase a SIM card for your mobile phone for less than £1 which allows you to send texts at a very reasonable rate of around 3p per text, and telephone calls to the UK between 10p and 30p per minute depending on the network. It works on a similar basis to pay as you go in the UK. Please check with your home country provider if your mobile phone is locked or not, providers such as Orange lock their phones and to unlock them can take up to two weeks.

E-mail info@outrop.com

E-mail, using the address above, is always the easiest means of communication. We will collect e-mail from the above account every five days or so. You will be able to check personal e-mail on two occasions during the course of the expedition. Internet facilities in Palangkaraya are good.

Post takes approximately 2-4 weeks to arrive and it is relatively cheap to send letters from the post office in Palangkaraya.

The following are the **Standard Terms and Conditions** relating to OuTrop.

1. DEFINITIONS

In these Standard Terms and Conditions, the following expressions shall have the meanings set out below:

- (a) **OuTrop** shall mean the Orangutan Tropical Peatland Project Limited registered Company number 06761511 administered by Simon Husson, Helen Morrogh-Bernard, Laura D'Arcy and Susan Cheyne
- (b) **Volunteer(s)** shall mean the person(s) who have signed the Application Form and received written confirmation from OuTrop that they have been accepted as a member of the OuTrop expedition;
- (c) **Expedition** shall mean the expedition organised by OuTrop upon which the Volunteer has been accepted to travel and participate;
- (d) **Project Leaders** shall mean the Leaders of the expedition appointed by OuTrop and who represent OuTrop on the expedition;
- (e) **Expedition Fee** shall mean the total sum payable by the Volunteer to participate in the expedition as specified.

2. ACKNOWLEDGEMENT OF NATURE OF EXPEDITION

(a) The Volunteer acknowledges and accepts that the Expeditions are designed to be primarily of scientific and educational benefit to the host country and do not have clearly defined timetables, itineraries and arrangements. Flexibility of Expedition timetables, itineraries and arrangements should not only be anticipated but expected. In agreeing to join and participate in the Expedition the Volunteer agrees to accept this flexibility and to be prepared for variation which may arise with little or no prior notice, and acknowledges the right of OuTrop to make alterations and variations.

(b) The Volunteer hereby acknowledges and accepts that there is a significant element of personal risk and potential hazard involved in undertaking an expedition of the nature organised by OuTrop and whilst OuTrop aims to safeguard the Volunteer's safety, it can not be held responsible for damage or injury caused by risks of hazards beyond its control.

3. FORCE MAJEURE

OuTrop will incur no liability for any loss which a Volunteer may suffer through cancellation or variation of an expedition or a flight or flights due to fire, Acts of God, war, riot or civil commotion, strikes, quarantine, government or other official intervention

or due to any reason whatsoever outside the control of OuTrop. Volunteers will be expected to read and sign a Hazards Awareness form after safety training once they arrive in base camp.

4. PAYMENT

- (a) A Deposit of £550 shall be paid to OuTrop, to be returned or refunded if the Volunteer is not accepted by OuTrop.
- (b) The Volunteer agrees to pay the balance of the Expedition Fee by the dates specified in the application pack.
- (c) Failure to pay the Deposit and/or the balance of the Expedition Fee by the due date(s) entitles OuTrop to cancel the participation of the Volunteer on the Expedition.
- (d) After the commencement of the Expedition there can be no refund of the Expedition Fee or of any sums paid for services provided during the Expedition but not included in the Expedition Fee, with the exceptions provided for in clause 4(e) below.
- (e) In the event of termination of the Expedition by OuTrop or in the case of serious illness or injury to the Volunteer requiring the Volunteer to leave the Expedition, OuTrop agrees to refund the Volunteer monies paid by the Volunteer towards his/her Expedition Fee on a pro-rata basis determined by OuTrop and the Volunteer agrees to accept such refund as being in full and final settlement of all and any of OuTrop's liability to the Volunteer.

5. CANCELLATION BY VOLUNTEER

Cancellation of a booking must be in writing. The date of cancellation for the purposes of the cancellation provisions below shall be the date of the receipt of the letter. Refunds of the Expedition fee will be made as specified in the application pack.

6. CANCELLATION BY OUTROP

(a) OuTrop reserves the right to cancel the Expedition and agrees to inform the Volunteer in writing to the address supplied on the Application Form. If such cancellation is due to circumstances totally within the control of OuTrop, OuTrop agrees to refund the Volunteer all monies paid by the Volunteer towards his/her Expedition Fee only and the Volunteer agrees to accept such refund as being in full and final settlement of all and any of OuTrop's liability to the Volunteer.

(b) The Volunteer acknowledges that certain medical and/or mental health conditions as declared by the Volunteer on all medical forms submitted to OuTrop by the Volunteer may be contraindicatory to safe participation on the OuTrop Expedition by the Volunteer and OuTrop reserves the right to cancel

a Volunteer's Expedition based upon the medical advice of OuTrop's appointed Medical Advisor(s). If OuTrop cancels a Volunteers Expedition in the event of (i) a visa application being rejected or (ii) based upon medical advice received by the OuTrop Medical Advisor(s), OuTrop agrees to refund all monies paid by the Volunteer towards his/her Expedition Fee only and the Volunteer agrees to accept such refund as being in full and final settlement of all and any of OuTrop's liability to the Volunteer. (c) Once the Expedition has commenced if the Volunteer is found to have a pre-existing medical condition not declared on the submitted medical form, which is deemed but the Projects Leader(s) to pose a risk to the Volunteer, and/or the running of the Expedition and its remit, OuTrop reserve the right to suspend the volunteers participation in the Expedition and if necessary asked to leave the Expedition. There will be no Expedition Fee or and part of, refunded in this instance

7. BEHAVIOUR ON EXPEDITION

(a) The Volunteer acknowledges that the Expedition aims to obtain useful information to assist the preservation of the natural environment under observation during the Expedition and that therefore the Volunteer is expected to work under the supervision of the Project Leaders in a conscientious manner in order to assist in the compilation of this information.

(b) The Volunteer agrees to abide by the authority of the Project Leaders and to follow all of their reasonable instructions.

(c) If the Volunteer commits any illegal act on the Expedition or if in the opinion of the Project Leaders the Volunteer's behaviour is detrimental to the aims of the Expedition or the safety or welfare of the other Volunteers on the Expedition, he/she may require the Volunteer to leave the Expedition within 24 hours notice and no liability on the part of OuTrop shall arise whatsoever.

(d) If the Volunteer damages, destroys or loses any item of equipment owned by OuTrop the Volunteer will be held liable for any costs not recovered through OuTrop's insurance.

8. COMPLIANCE WITH LEGAL REQUIREMENTS

a) The Volunteer will comply with all legislation, visa, immigration, customs and foreign exchange regulations if the countries visited on Expedition. In the event of a contravention by a Volunteer of the laws of the country which the expedition visits, the Project Leaders shall have the right to require

the Volunteer to leave the Expedition and no liability on the part of OuTrop shall arise whatsoever.

9. COMPLAINTS

If a Volunteer wishes to make a complaint and/or claim in relation to the Expedition, the Volunteer agrees to abide by the following procedure:

(i) The Volunteer will ensure that the matter has first been brought to the attention of the Project Leaders at the expedition site who will seek to resolve the claim and the Volunteer will give OuTrop a reasonable time within which to resolve the claim before proceeding further.

(ii) If due to an unresolved serious complaint the Volunteer decides to leave the Expedition before its completion the Volunteer agrees to provide written evidence of the extent of the complaint to the Project Leaders before departure from the Expedition.

(iii) In the event of a claim for compensation the Volunteer agrees to lodge such a claim with the Project Leaders before the Expedition's scheduled completion date and to provide written evidence of the extent of the complaint to the Project Leaders.

(iv) The Volunteer agrees that under no circumstances shall OuTrop be liable for damages or compensation arising from that part of any claim related to the individual's assessment of inconvenience, discomfort, disappointment or loss of enjoyment.

10. INSURANCE

(a) The Volunteer agrees to affect personal travel and medical insurance and agrees to be responsible for ensuring that such insurance cover fully meets their personal requirements and the minimum requirements as specified by OuTrop.

(b) The Volunteer acknowledges the importance of insurance provision in respect of their spouse, dependent children and/or relatives and accepts responsibility for assessing their own personal circumstances and arranging additional insurance cover that they personally deem to be necessary.

(c) The Volunteer further agrees to ensure that their insurers are aware of the type of travel and work to be undertaken during the Expedition and accepts the insurance proposal upon such basis.

(d) The Volunteer acknowledges and accepts that there is a significant element of personal risk and potential hazard involved in the use of watercraft during the course of the Expedition and accepts that should they be placed in charge of a watercraft during the course of the

Expedition they do so voluntarily and entirely at their own discretion. Furthermore, the Volunteer agrees to waive all rights of action against OuTrop and the Project Leaders thereof in the event of death and/or personal injury and/or property damage caused to them or by them and arising out of the use of watercraft, and agrees to indemnify OuTrop and the Project Leaders thereof in relation to any claim which may be made against them arising out of any act or omission by the Volunteer.

11. WAIVER

No person save with the express authority in writing of two or more administrators of OuTrop has authority or is empowered to waive or vary any of these conditions.

12. INFORMATION

All the information contained in any information published by OuTrop relating to the Expedition is as far as OuTrop is aware true and accurate at the time of writing. If any material alterations have to be made or in OuTrop's view need to be made before departure in order to maintain the quality of the Expedition, the Volunteer will be informed.

13. PASSPORT, VISAS, VACCINATIONS, ETC.

The Volunteer must be in possession of a valid passport and all visas, permits and certificates required for the entire duration of the Expedition and must also arrange to obtain whatever vaccinations are normally recommended for the countries through which the Expedition is scheduled to travel. Any information given by OuTrop about healthcare, vaccinations, visas, climate, clothing, baggage, special equipment and other matters is given in good faith but without responsibility on the part of OuTrop.

14. INTELLECTUAL PROPERTY

(a) All scientific data collected during the Expedition remains the property of OuTrop and may be analysed, published and otherwise distributed by OuTrop with no prior consultation with the Volunteer. OuTrop agrees to acknowledge the contribution by the Volunteer in the collection of scientific data and subsequent analysis if appropriate.

(b) The Volunteer agrees to provide OuTrop with copies of reports, articles or other written material arising from the Expedition and produced by them. No information, reports or other materials whether written or photographic may be published or

otherwise distributed without prior consultation with and consent of OuTrop. The Volunteer shall retain intellectual copyright over any report or article written by them but must acknowledge the role of OuTrop in producing such material.

15. DEFAMATION

The Volunteer agrees not to defame the Project Leaders or any other members of the Expedition by any means, whether in print or verbally.